

February

PSN-12 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • apple muffin • snow flurries cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • cinnamon crumble • cocoa critters cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • lemon muffin • honey buttons cereal • Milk / Fresh fruit
		1	2	3
<ul style="list-style-type: none"> • strawberry zac bar • cocoa critters cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • banana muffin • snow flurries cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • bagel w/ cream cheese • honey buttons cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • blueberry muffin • snow flurries cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • cinnamon crumble • cocoa critters cereal • Milk / Fresh fruit
6	7	8	9	10
<ul style="list-style-type: none"> • dipperdoodle bar • snow flurries cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • yogurt & granola • honey buttons cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • apple muffin • cocoa critters cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • cinnamon crumble • honey buttons cereal • Milk / Fresh fruit 	<p>School Holiday</p> <p>No Classes today</p>
13	14	15	16	17
<ul style="list-style-type: none"> • strawberry zac bar • cocoa critters cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • banana muffin • snow flurries cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • bagel w/ cream cheese • honey buttons cereal 	<ul style="list-style-type: none"> • blueberry muffin • snow flurries cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • cinnamon crumble • cocoa critters cereal • Milk / Fresh fruit
20	21	22	23	24
<ul style="list-style-type: none"> • dipperdoodle bar • snow flurries cereal • Milk / Fresh fruit 	<ul style="list-style-type: none"> • yogurt & granola • honey buttons cereal • Milk / Fresh fruit 			
27	28			

Did You Know?

The average American eats 14 pounds of cereal every year? Grab a spoon and try our whole grain, lightly-sweetened **Honey Buttons, Snow Flurries, and Cocoa Critters** cereals.

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider



February

K-12 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> sloppy joe (DF) cheese pizza (VG) broccoli florets Milk / Fresh fruit 	<ul style="list-style-type: none"> cheese lasagna (VG) crispy chicken sandwich (DF) seasoned corn Milk / Fresh fruit 	<p>Early Release</p> <p>No Lunch Served</p>
<ul style="list-style-type: none"> cheese enchiladas (VG) chicken bites (DF) broccoli florets Milk / Fresh fruit 	<ul style="list-style-type: none"> mac & cheese w/ chicken sausage southwest veggie wrap (VG) green beans Milk / Fresh fruit 	<ul style="list-style-type: none"> hot dog (DF) cheese pizza glazed carrots Milk / Fresh fruit 	<ul style="list-style-type: none"> chicken taco trio breakfast for lunch: pancakes w/ omelet (V) pinto beans and baby carrots Milk / Fresh fruit 	<ul style="list-style-type: none"> cheese ravioli (VG) hamburger (DF) kickin chicken parm pasta chicken caesar wrap egg salad sandwich (DF) seasoned corn Milk / Fresh fruit
6	7	8	9	10
<ul style="list-style-type: none"> mac & cheese w/ chicken bites cheese pizza panada pie (VG) seasoned corn Milk / Fresh fruit 	<ul style="list-style-type: none"> chicken taco trio southwest veggie wrap (VG) Broccoli Milk / Fresh fruit 	<ul style="list-style-type: none"> cheese pizza (VG) hot dog (DF) glazed carrots Milk / Fresh fruit 	<ul style="list-style-type: none"> hamburger (DF) bean and cheese quesadilla (VG) charro beans and grape tomatoes Milk / Fresh fruit 	<p>School Holiday</p> <p>No Classes</p>
13	14	15	16	17
<ul style="list-style-type: none"> pepperoni calzoni (VG) breakfast for lunch: pancakes w/ omelet (VG) broccoli Milk / Fresh fruit 	<ul style="list-style-type: none"> mac & cheese w/ bbq chicken cheese ravioli (VG) pinto beans and w/ baby carrots Milk / Fresh fruit 	<ul style="list-style-type: none"> cheese pizza (VG) cheeseburger green beans Milk / Fresh fruit 	<ul style="list-style-type: none"> chicken bites (DF) pasta alfredo (VG) glazed carrots Milk / Fresh fruit 	<ul style="list-style-type: none"> meatball sub spaghetti marinara (VG) seasoned corn Milk / Fresh fruit
20	21	22	23	24
<ul style="list-style-type: none"> cheese pizza panada pie (VG) turkey and cheese sandwich glazed carrots Milk / Fresh fruit 	<ul style="list-style-type: none"> chicken taco trio southwest veggie wrap (VG) green beans Milk / Fresh fruit 			
27	28			

What's New?

February is crunch time! Get ready for the all **NEW Buffalo Chicken Crunchadilla**, a quesadilla with cheese and chicken served with Ranch Rumbles. Stuff your Rumbles directly inside to put the “crunch” in your “crunchadilla.”

Look for it on the menu on February 14!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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